

Hocking Hills State Park, Logan, OH 43th Annual Hocking Hills Trail Run September 18, 2021

The Hocking Hills Trail Run winds through vast wooded areas of the Hocking Hills State Park (HHSP) and the Hocking State Forest, crossing small streams, uphill and down. The route covers some dirt roadways and pavement. The deep gorges shimmering waterfalls and lush forests provide the ultimate challenge to your powers of concentration.



Information

Chip timing for all races. Runners meet and finish at the Naturalist Cabin at Old Man's Cave 19852 St. Rt. 664 S. Logan, Ohio. Awards are passed out at the end of the race and final results are verified; there is no awards ceremony. For more detailed information, visit **ExploreHockingHills.com**

Race Start Times

All 60K runners: 7 a.m. / all 40K runners: 8 a.m.

20K, 10K, 5K - individual start times between 9 & 11 a.m.

Runners must start before 11 and end before 3 pm to be considered for timing and awards. Check in early.

Register

- Online registration on ExploreHockingHills.com under the "*Things To Do*" tab. (small processing fee)
- OR Mail registration form below
- OR register the day of the Run

Entry Form	Please print legibly. Return by Sept. 13, 2021 for pre-registration fee of \$30.

First Name	Last Name	
Address		
City	State	Zip
Phone Number	E-mail	
→	Age (on Sept. 18, 2021) → Circle	e one: Male Female
→	Please circle the race you will be running: 5K 10	0K 20K 40K 60K
T-Shirt Size (circle on	e): Unisex sizes:: Youth M Youth L Adult S Adult M	// Adult L Adult XL Adult XXL Adult XXXI

Entry Fee: Pre-registration - \$30 if postmarked or online by Sept. 13, 2021 (includes T-Shirt)

WAIVER: In consideration of the entry being accepted, and being allowed to participate in the Hocking Hills Trail Run, I, hereby, and for my minor child, heirs, executors and administrators, waive, release and forever discharge, and save harmless from any and all claims for damages and causes of action which may occur, including consequential damages, I may have against the Ohio Department of Natural Resources and the Hocking Hills Tourism Association, their representatives, successors, and all other organizers and sponsors and assigns for any and all injuries and damages suffered by me or my child at this meet, whether caused by the negligence of the Ohio Department of Natural Resources, the Hocking Hills Tourism Association, or otherwise. I certify that I am, or my minor child is, an amateur athlete. I further certify that I or my minor child have trained sufficiently to participate in this meet. I am, or my child is, in good physical condition and this has been verified by a physician within the last six months. I also give permission for the free use of my name and/or pictures in any broadcast, telecast or other account of this event. My signature indicates my agreement to assume all risks and abide by the rules and decisions of the meet committee and organizers.

\$40 on Race Day (includes T-Shirt as available, size not quaranteed) No refunds after Sept. 14, 2021

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SIGNATURE			DATE		
	(parent or guardian if runner is under 18 years of	f age)			